

Eagle River Triathlon
June 12, 2005

Female Overall Results

Place	Bib #	FirstName	LastName	Gender	Solo Entry:	Age		Swim	Bike	Run	Total
						Age	Category				
1	13	Shannon	Donley	F	Female	34	30-34	0:06:06	0:37:58	0:21:12	1:05:16
2	22	Judith	Abrahams	F	Female	30	30-34	0:07:34	0:41:21	0:22:24	1:11:19
3	20	Deenie	Wilson	F	Female	41	40-44	0:09:07	0:39:41	0:24:05	1:12:53
4	16	Suzanne	Wheatall	F	Female	43	40-44	0:09:37	0:39:11	0:24:06	1:12:54
5	17	Veronica	Vania	F	Female	42	40-44	0:07:35	0:42:54	0:23:06	1:13:35
6	186	Kelly	Quinn	F	Athena	21	20-24	0:08:51	0:41:31	0:23:14	1:13:36
7	24	Rebecca	McKee	F	Female	33	30-34	0:08:32	0:42:53	0:22:21	1:13:46
8	15	MARGARET	CUNNINGHAM	F	Female	46	45-49	0:08:58	0:42:35	0:22:30	1:14:03
9	14	Jenny	Kimball	F	Female	34	30-34	0:06:23	0:43:44	0:24:18	1:14:25
10	29	Wendy	Lindskoog	F	Female	38	35-39	0:06:58	0:40:46	0:27:00	1:14:44
11	28	Anne	Lee	F	Female	29	25-29	0:08:01	0:42:43	0:24:11	1:14:55
12	188	Danelle	VanHolstyn	F	Female	37	35-39	0:08:19	0:41:37	0:25:17	1:15:13
13	56	Alisa	Kincaid	F	Female	31	30-34	0:07:02	0:44:11	0:24:18	1:15:31
14	23	Lise	Falskow	F	Female	36	35-39	0:07:44	0:42:49	0:25:20	1:15:53
15	274	Genny	Konicke	F	Female	15	13-15	0:05:23	0:43:42	0:27:29	1:16:34
16	18	Elizabeth	Walker	F	Female	43	40-44	0:09:02	0:45:15	0:23:12	1:17:29
17	317	Amber	Walker	F	Female	21	20-24	0:05:54	0:47:23	0:24:42	1:17:59
18	272	Katy	Pankoski	F	Female	18	18-19	0:07:16	0:47:06	0:23:41	1:18:03
19	106	Colny	Tucker	F	Female	54	50-54	0:06:39	0:44:58	0:26:42	1:18:19
20	117	Jennifer	Lindsey	F	Female	26	25-29	0:08:17	0:44:23	0:26:28	1:19:08
21	201	Jada	Quinn	F	Female	30	30-34	0:09:05	0:45:33	0:24:41	1:19:19
22	21	Janus	Reyes	F	Female	40	40-44	0:07:25	0:44:51	0:27:29	1:19:45
23	122	Martha	Dennis	F	Female	27	25-29	0:08:47			1:19:55
24	27	Kate	Fitzgerald	F	Female	17	16-17	0:08:43	0:47:26	0:24:07	1:20:16
25	19	Deanna	Pruhs	F	Female	44	40-44	0:09:03	0:44:59	0:26:45	1:20:47
26	42	kristen	taylor	F	Female	27	25-29	0:07:12	0:48:35	0:25:46	1:21:33
27	242	Lauren	Wilson	F	Female	14	13-15	0:09:26	0:46:44	0:25:36	1:21:46
28	183	Hanna	Johnson	F	Female	16	16-17	0:10:30	0:46:51	0:24:28	1:21:49
29	39	Christina	Lee	F	Female	33	30-34	0:09:20	0:45:25	0:27:12	1:21:57
30	78	Shannon	Titzel	F	Female	34	30-34	0:06:09	0:48:02	0:28:00	1:22:11
31	61	Jill	McLeod	F	Female	39	35-39	0:09:32	0:46:16	0:26:25	1:22:13
32	47	Heidi	Beer	F	Female	36	35-39	0:10:59	0:45:40	0:25:35	1:22:14
33	246	Elaine	Flagg	F	Female	37	35-39	0:10:24	0:45:18	0:26:49	1:22:31
34	59	Margaret	Hillhouse	F	Female	49	45-49	0:08:02	0:48:43	0:25:56	1:22:41
35	213	Deana	Watson	F	Female	34	30-34	0:10:01	0:45:12	0:27:59	1:23:12
36	34	Kelly	Van Hoek	F	Female	41	40-44	0:08:33	0:46:52	0:27:48	1:23:13
37	82	Darcy	Davis	F	Female	40	40-44	0:09:32	0:46:36	0:27:17	1:23:25
38	185	Amy	Lewis	F	Female	33	30-34	0:07:07	0:48:01	0:28:22	1:23:30
39	297	Brooke	Edwards	F	Female			0:08:46	0:47:43	0:27:23	1:23:52
40	315	Rachel	Duffy	F	Female	29	25-29	0:11:20	0:49:49	0:23:27	1:24:36
41	125	Kathleen	Seybert	F	Female	43	40-44	0:09:57	0:47:01	0:27:59	1:24:57
42	135	Debora	Summers	F	Female	43	40-44	0:09:26	0:45:01	0:30:47	1:25:14
43	205	Astin	Mills	F	Female	24	20-24	0:09:56	0:49:29	0:25:51	1:25:16
44	32	Lindsay	Noah	F	Female	37	35-39	0:08:08	0:49:40	0:27:41	1:25:29
45	49	Janine	Johnson	F	Female	38		0:07:59			1:25:59
46	221	Carey	Carpenter	F	Female	28	25-29	0:08:58	0:49:41	0:27:34	1:26:13
47	171	anne	ferry	F	Female	17	16-17	0:08:45	0:49:13	0:28:16	1:26:14
48	138	Gina	Armstrong	F	Female	38	35-39	0:10:16	0:46:21	0:29:43	1:26:20
49	263	Andrea	Orley	F	Female	18	18-19	0:10:29	0:46:50	0:29:04	1:26:23
50	55	Caitlin	Patterson	F	Female	15	13-15	0:09:19	0:53:02	0:24:04	1:26:25
51	30	Keri	Clark	F	Female	53	50-54	0:11:29	0:47:06	0:28:01	1:26:36
52	158	Jennifer	Hopkins	F	Female	31	30-34	0:08:57	0:47:09	0:30:56	1:27:02
53	184	Laurie	Montano	F	Female	36	35-39	0:08:55	0:50:03	0:28:15	1:27:13
54	26	Stacy	Steinberg	F	Female	37	35-39	0:09:37	0:46:57	0:30:54	1:27:28
55	278	Lauren	Spinelli	F	Female	26	25-29	0:10:48	0:51:50	0:24:51	1:27:29
56	83	Petra	Davis	F	Female	12		0:10:12	0:48:18	0:29:19	1:27:49
57	249	Anne	Gore	F	Female	41	40-44	0:08:00	0:48:39	0:31:10	1:27:49
58	292	Emily	Rogers	F	Female	12		0:11:03	0:51:43	0:25:09	1:27:55

59	64	Nancy	Hanneman	F	Female	48	45-49	0:07:47	0:52:52	0:27:44	1:28:23
60	284	Mary	Janis	F	Female	41	40-44	0:08:45	0:50:16	0:29:29	1:28:30
61	285	Danielle	Jerry	F	Female	54	50-54	0:11:18	0:50:01	0:27:40	1:28:59
62	37	Lauri	Bassett	F	Female	37	35-39	0:09:01	0:50:31	0:29:32	1:29:04
63	133	Amy	Lozano	F	Female	31	30-34	0:10:42	0:53:00	0:25:27	1:29:09
64	202	Naomi	Prater	F	Athena	26	25-29	0:10:08	0:52:57	0:26:04	1:29:09
65	196	Brittany	Derksen	F	Female	19	18-19	0:09:28	0:55:07	0:25:01	1:29:36
66	166	Mary	O'Grady	F	Female	17	16-17	0:10:51	0:53:36	0:25:25	1:29:52
67	229	Margaret	Martin	F	Female	50	50-54	0:10:15	0:48:12	0:31:56	1:30:23
68	69	Tracy	Dunn	F	Female	40	40-44	0:09:06	0:53:12	0:28:07	1:30:25
69	197	Emily	Poray	F	Female	26	25-29	0:08:43	0:55:00	0:26:55	1:30:38
70	174	karen	pollard	F	Female	43	40-44	0:10:08	0:50:46	0:29:51	1:30:45
71	170	janet	smalley	F	Female	53	50-54	0:09:54	0:50:32	0:30:21	1:30:47
72	293	Heidi	Rogers	F	Female	15	13-15	0:10:21	0:49:40	0:30:59	1:31:00
73	320	Esther	Kennedy	F	Female	14	13-15	0:11:02	0:54:49	0:25:10	1:31:01
74	33	Diane	Mohwinkel	F	Female	63	60-64	0:11:14	0:49:58	0:30:11	1:31:23
75	254	Brenna	Egeland	F	Female	15	13-15	0:09:59			1:31:42
76	234	Christina	Lapp	F	Female	26	25-29	0:09:07	0:56:09	0:27:31	1:32:47
77	283	Marian	Frost	F	Female	47	45-49	0:10:12	0:51:32	0:31:04	1:32:48
78	195	Susan	Bury	F	Female	64	60-64	0:10:46	0:47:50	0:31:14	1:32:50
79	301	Jeannette	Duenow	F	Female	43	40-44	0:11:42	0:49:11	0:31:58	1:32:51
80	178	Gay Lee	Anthony	F	Female	54	50-54	0:09:17	0:49:50	0:33:45	1:32:52
81	321	Aurora	Agee	F	Female	25	25-29			0:29:08	1:33:21
82	60	Christine	Chapman	F	Female	48	45-49	0:10:13	0:54:56	0:28:13	1:33:22
83	157	Kelli	Archer	F	Female	25	25-29	0:11:10	0:52:01	0:30:22	1:33:33
84	200	Mary	Flynn	F	Female	28	25-29	0:08:36	0:50:14	0:34:57	1:33:47
85	277	Sarah	Hess	F	Female	25	25-29	0:13:35	0:50:42	0:29:31	1:33:48
86	307	Jo	Reid	F	Female	29	25-29	0:09:45	0:54:15	0:29:55	1:33:55
87	226	Kristen	Nelson	F	Female	39	35-39	0:10:40	0:51:35	0:32:11	1:34:26
88	217	Wendy	McCaffrey	F	Female	34	30-34	0:09:47	0:55:29	0:29:59	1:35:15
89	244	Stephanie	Martin	F	Female	45	45-49	0:06:35	1:00:52	0:28:38	1:36:05
90	31	Sheila	Reilly	F	Female	39	35-39	0:09:43	0:54:19	0:32:09	1:36:11
91	65	Kinsey	Loan	F	Female	12		0:08:03	0:52:53	0:36:06	1:37:02
92	260	Sandra	Woods	F	Female	47	45-49			0:32:06	1:37:14
93	203	Amanda	Longbrake	F	Female	18	18-19	0:07:23	1:00:06	0:29:58	1:37:27
94	84	Stacy	Dayley	F	Female	37	35-39	0:11:21	0:53:42	0:32:30	1:37:33
95	209	Beth	Bagne	F	Athena	31	30-34	0:13:26	0:55:54	0:28:31	1:37:51
96	119	Emily	Lindsey	F	Female	23	20-24	0:08:00	0:58:03	0:32:09	1:38:12
97	136	Hannah	Summers	F	Female	13	13-15	0:12:45	0:55:19	0:30:12	1:38:16
98	262	Ivy	Spohnholz	F	Female	32	30-34	0:16:17	0:54:23	0:27:59	1:38:39
99	225	nancy	bishop	F	Female	21	20-24	0:11:36	0:56:39	0:30:53	1:39:08
100	218	brittany	Hillborn	F	Female	26	25-29	0:10:03	0:59:46	0:29:30	1:39:19
101	139	Jenia	Jarrett	F	Female	28	25-29	0:12:29	0:52:15	0:34:47	1:39:31
102	103	Jennifer	Bundy-Cobb	F	Female	35	35-39	0:07:59	0:54:30	0:37:11	1:39:40
103	147	Tamara	Bergtholdt	F	Female	30	30-34	0:09:46			1:40:25
104	142	Sarah	Lindsey	F	Female	28	25-29	0:09:38	0:56:48	0:34:11	1:40:37
105	182	Chera	Boom	F	Female	42	40-44	0:13:25	0:55:58	0:32:05	1:41:28
106	131	Katharine	LaForest	F	Female	38	35-39	0:11:13	0:57:23	0:32:55	1:41:31
107	206	Jill	Bruno	F	Female	29	25-29	0:09:24	0:57:10	0:34:58	1:41:32
108	144	Courtney	Jochens	F	Female	15	13-15	0:07:45	0:59:34	0:34:21	1:41:40
109	231	April	Watts	F	Female	30	30-34	0:07:42	1:00:22	0:33:37	1:41:41
110	241	Lacy	Matthews	F	Female	22	20-24	0:13:01	1:02:46	0:26:00	1:41:47
111	173	Kim	Dennis	F	Female	18	18-19	0:10:18	1:02:27	0:29:20	1:42:05
112	230	Grace	Snider	F	Female	24	20-24	0:11:05	1:00:00	0:31:08	1:42:13
113	50	Ginny	Wright	F	Female	51	50-54	0:08:40	1:02:41	0:31:06	1:42:27
114	88	Gigi	Love	F	Athena	43	40-44	0:13:48	0:50:26	0:38:44	1:42:58
115	212	Amy	Dethlefs	F	Female	18	18-19	0:08:13	1:12:40	0:22:16	1:43:09
116	318	Valerie	Guifoil	F	Female	49	45-49	0:10:50	1:07:37	0:24:47	1:43:14
117	255	Karen	Hobart	F	Female	34	30-34	0:14:59	0:59:02	0:31:22	1:45:23
118	179	Megan	Carle	F	Female	25	25-29	0:08:50	1:02:35	0:34:31	1:45:56
119	194	Niki	Berhow	F	Female	32	30-34	0:08:47	1:01:24	0:36:08	1:46:19
120	271	Annette	Pankoski	F	Female	48	45-49	0:13:24	0:58:53	0:34:12	1:46:29
121	204	Susie	Choate	F	Female	48	45-49	0:12:15	1:04:12	0:30:05	1:46:32
122	312	Catherine	McDermott	F	Female	36	35-39	0:11:13	1:00:39	0:34:44	1:46:36
123	265	Tana	Stone	F	Female	27	25-29	0:07:36	1:02:55	0:36:22	1:46:53

124	238	Jessica	Bury	F	Female	34	30-34	0:12:03	1:00:59	0:33:54	1:46:56
125	266	Rachel	LeMon	F	Female	29	25-29	0:13:24	1:02:40	0:31:07	1:47:11
126	310	Bonnie	DeArmoun	F	Female	23	20-24	0:08:54	1:08:54	0:30:09	1:47:57
127	172	Beverly	Dennis	F	Female	55	55-59	0:12:40	1:03:55	0:31:24	1:47:59
128	44	Joyce	Weaver-Johnson	F	Female	53	50-54	0:11:05	1:02:35	0:35:43	1:49:23
129	81	Barb	Williams	F	Female	34	30-34	0:08:15	0:59:26	0:42:57	1:50:38
130	220	Amy	Helgeson	F	Female	28	25-29	0:09:22	0:59:49	0:41:35	1:50:46
131	304	Ruth	Tweto	F	Female	54	50-54	0:12:17	1:08:01	0:30:30	1:50:48
132	192	Julie	Donahue	F	Female	33	30-34	0:13:03	1:06:06	0:32:24	1:51:33
133	282	Katherine	Petros	F	Female	19	18-19	0:10:55	1:06:58	0:34:14	1:52:07
134	258	Kimberly	Fenton Hankins	F	Female	29	25-29	0:12:31	0:59:02	0:40:38	1:52:11
135	243	Corinna	West	F	Female	13	13-15	0:06:27	1:06:37	0:39:53	1:52:57
136	70	Susan	Oakley	F	Athena	40	40-44	0:09:40	1:08:28	0:36:53	1:55:01
137	228	Ev	Irving	F	Female	55	55-59	0:14:59	0:59:29	0:46:54	2:01:22
138	86	Sheila	Roxbury	F	Female	34	30-34	0:16:44	1:07:09	0:38:40	2:02:33
139	100	Gruhl	Megan	F	Female	30	30-34	0:13:37	1:08:13	0:41:31	2:03:21
140	98	Marlo	Nikkila	F	Female	31	30-34	0:12:41	1:10:07	0:41:33	2:04:21
141	99	Molly	Hayslip	F	Female	39	35-39	0:10:08	1:12:44	0:41:29	2:04:21
142	75	Lisa	Sponcel	F	Female	41	40-44			0:33:02	2:04:59
143	38	S.J.	Lee	F	Female	47	45-49	0:18:13	1:14:08	0:33:08	2:05:29
144	155	Laura	Culp	F	Athena	28	25-29	0:09:57	1:15:05	0:55:30	2:20:32
145	165	Kathleen	Brown	F	Female	60	60-64	0:12:34	1:32:56	0:48:55	2:34:25